

Inorganic ions

1. Which ion is essential for the growth of healthy roots in a plant?
 - calcium
 - potassium
 - phosphate
 - nitrate
2. Which ion is essential for bone growth in mammals?
 - magnesium
 - calcium
 - potassium
 - sodium
3. Which ion has an important role in energy transfer and storage in mammals?
 - phosphate
 - chloride
 - iron
 - magnesium