

RSB Training Programme: RSB Networking Event

This event aims to build people's confidence and effectiveness at networking.

Who is it aimed at?

This course is suitable for people looking:

- for a job
- to change jobs
- to develop their career
- to gain more confidence in building relationships

What does the course cover?

Throughout our careers we all have to attend meetings, conferences and events and yet 90% of us dislike this form of professional engagement. Many of us may make excuses not to engage with strangers and make small talk, and miss out on opportunities as a result.

Networking events are an excellent means of finding new contacts, gaining access to new or different information, building and nurturing existing relationships and developing opportunities.

Please see a [video](#) of Heather in action.

This event will finish with a 'real life' networking opportunity from 20:00-21:00, where attendees will have the opportunity to put the techniques discussed into practice.

Further information

Course tutor **Heather White** is a networking and personal brand expert and will demonstrate how to attend any networking event and have simple but effective techniques on how to break into a group, move away professionally and enjoy interesting and constructive conversations. She will also help you to understand how to stay in touch with those you meet, building long term relationships. This workshop will be very interactive, practical and extremely useful.

Contact

For more information and to register your interest, please [contact](#) our training officer.

Smarter Networking

For Business • For Careers • For Success